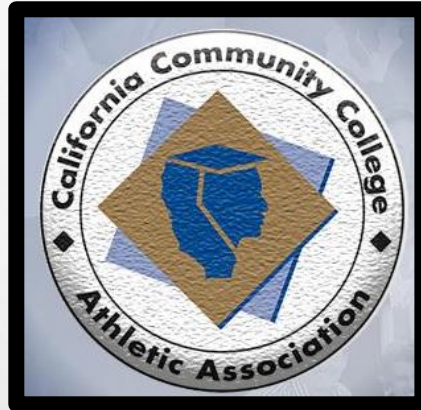
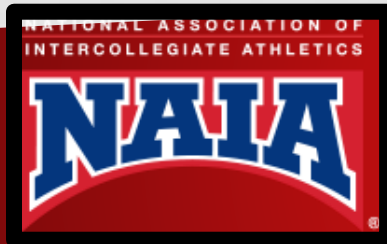


MT. SAN JACINTO COLLEGE ATHLETICS DEPARTMENT THE STUDENT ATHLETE SUPPORT PROGRAM BEST PRACTICES



Jenn Burleson, EdD
Student Athlete Support Program Coordinator
Athletic Counselor
3C4A VP of the South
CCCAA Heath and Wellness Committee
CCCAA Award Committee
NCAA Two-Year College Relations Panel



12 INTERCOLLEGIATE SPORTS DISTRICT-WIDE 2022-2023



SAN JACINTO CAMPUS

- **MEN'S BASKETBALL**
- **WOMEN'S BASKETBALL**
- **MEN'S TENNIS**
- **WOMEN'S TENNIS**
- **MEN'S GOLF**
- **WOMEN'S GOLF**
- **BASEBALL**
- **INDOOR VOLLEYBALL**

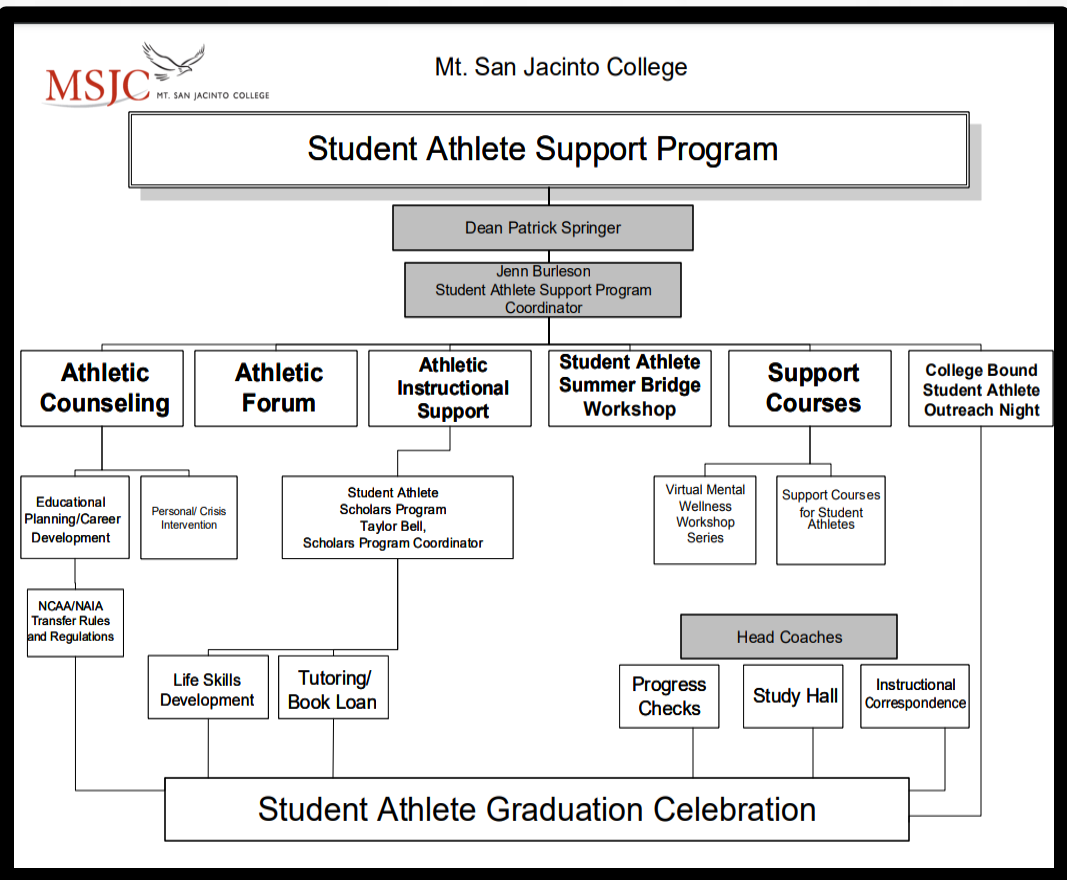


MENIFEE VALLEY CAMPUS

- **FOOTBALL**
- **WOMEN'S SOCCER**
- **BEACH VOLLEYBALL**
- **SOFTBALL**



MT. SAN JACINTO COLLEGE STUDENT ATHLETE SUPPORT PROGRAM



Student Athlete Support Program

Scholars Program Hours and Contact Info

STUDY LAB HOURS:
SJC Building 1452
 Monday-Thursday
 7am-4:30pm
 Fridays
 8am-12pm

CONTACT INFO:
Taylor Bell- Coordinator
(951) 487- 3596
tbell@msjc.edu

The vision of the Student Athlete Support Program is to provide the necessary support to assist all student athletes in reaching their full potential academically and personally. The program focuses on fostering the total development of student-athletes.

The Athletic Counselors are responsive to students individual needs through academic, career, transfer, personal, crisis intervention, and NCAA/NAIA counseling and advisement. All aspects of counseling are taken into consideration when developing a comprehensive educational plan which is a roadmap to meeting their overall goal of transferring as an intercollegiate student-athlete. Athletic Counselors are available both at the San Jacinto and Menifee Campuses. You may call (951) 487- 3596 to schedule an appointment with an Athletic Counselor.

Services Include:
 Athletic Counseling
 Scholars Program
 Study Hall/Tutoring
 Book Loan Program
 Printing Services

<http://www.msjc.edu/Athletics/StudentAthleteSupport/Pages/default.aspx>

<http://www.msjc.edu/Athletics/StudentAthleteSupport/Pages/default.aspx>

STUDENT-ATHLETE SCHOLARS PROGRAM



SERVES STUDENT ATHLETES IN COURSES BY HELPING DEVELOP THE ATTRIBUTES AND ACADEMIC COMPETENCE TO SUCCEED IN THEIR COURSEWORK AND MAKE POSITIVE GAINS TOWARDS TRANSFER.

- **17 COMPUTERS**
- **AS OF DECEMBER 2015- 40 HOURS PER WEEK LAB WAS OPEN FOR STUDENT USAGE**
- **AS OF MARCH 2018 – 20 HOURS PER WEEK ATHLETIC TUTOR AVAILABILITY**
- **BOOK LOAN PROGRAM**
- **PRINTING SERVICES**
- **EXPANDING IN SP 23 TO MVC WITH EXPANSION OF FACILITIES**
- **UMOJA PARTNERSHIP IN ROOM SJC 1457B- STUDY SPACE**







AVERAGE GPA'S BY ACADEMIC YEAR OF STUDENT ATHLETES USING THE SCHOLARS PROGRAM 10+ TIMES

LAB STUDENT USAGE	
DATES	STUDENT CONTACTS
8/19/13- 5/30/2014	1006
8/18/14- 5/29/15	2856
8/17/15-5/27/16	2839
8/15/16-5/26/17	4899
8/14/17-5/25/18	5006
8/13/18-5/24/19	5,122
2019-2020	COVID YEAR
8/10/20- 5/21/2021	2, 590 (VIRTUAL)
7/5/2021-6/1/2022	4,465

ACADEMIC YEAR	AVERAGE GPA'S
2013-2014	2.877 GPA
2014-2015	2.89 GPA
2015-2016	3.02 GPA
2016-2017	3.12 GPA
2017-2018	3.23 GPA
2018-2019	3.18 GPA
2019-2020	COVID YEAR
2020-2021	3.13 GPA
2021-2022	3.16 GPA

75% Increase in Student Usage once Program Coordinator went from 20hrs per week to 40 hours per week

COLLEGE BOUND STUDENT-ATHLETE NIGHT



Annual College Bound Student Athlete Night

Apply for Admission to MSJC

- Step 1. Review MSJC application
- Step 2. Getting Started
- Step 3. Online Orientation
- Step 4. Apply for Financial Aid
- Step 5. Connect with MSJC Coaches
- Step 6. Meet the Support Staff
- Step 7. Discuss Educational Goal
- Step 8. How to get ready for SU 23

Thursday, April 13th, 2023
6:00 - 7:30 PM
San Jacinto Campus Library 300

Topics Include:
Review HS 16 Core Courses
NCAA Qualifier vs. Non-qualifier
NAIA Rules and Regulations
Student Support Program Overview

2022 STUDENT-ATHLETE SUMMER BRIDGE WORKSHOPS

GOALS AND OBJECTIVES

- Review CCCAA Athletic Eligibility
- Review basic NCAA/NAIA Transfer Rules
- Demo Self-Service (Student Planning and How to Pay Fees)
- Have classes and schedules set-up in Self Service
- Create initial Education Plan

MSJC Student Athlete Support Program

Student-Athlete Summer Bridge Workshops



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Softball 1pm Soccer 9am	21 Volleyball (Both) 9am M Basketball (11am) W Basketball (1pm)	22 Baseball 9am 1/2 team Baseball 11am 1/2 team Football 1pm Heavy Skills Freshman Only Football 3pm Line Freshman Only	23 Football 1pm Light Skills Freshman Only Football 3pm Other Freshman	24	25
26	27 Golf (Both) 1pm Tennis (Both) 3pm	28	29	30		

STUDENT-ATHLETE SUMMER BRIDGE REGISTRATION WORKSHOPS EVALUATION



MT. SAN JACINTO COLLEGE

STUDENT ATHLETE SUMMER BRIDGE REGISTRATION WORKSHOP EVALUATION SUMMER 2022



EVALUATE EACH OF THE FOLLOWING STATEMENTS: (Circle the number that corresponds to each statement)

Strongly Disagree Disagree Not Sure Agree Strongly Agree

SECTION I.

Guidance/Counseling Component

I have an abbreviated educational plan on file at MSJC.	1	2	3	4	5
I have chosen a possible major to follow.	1	2	3	4	5
I am familiar with the different general education patterns (CSUGE and IGETC).	1	2	3	4	5
I am familiar with transfer requirements as a community college student athlete	1	2	3	4	5
I am familiar with the new MSJC Self Service registration portal	1	2	3	4	5

Specialized Summer Bridge Component

I explored the athletic eligibility requirements as an intercollegiate student athlete.	1	2	3	4	5
I'm was introduced the NCAA and NAIA requirements to transfer as a student athlete.	1	2	3	4	5

SECTION II.

I can identify at least one counselor/staff member involved in the program.	YES	or	NO
I feel comfortable approaching a counselor or staff member involved in the program.	YES	or	NO
I am ready to register for Fall 2022 courses.	YES	or	NO

List one or two things that you learned during the Summer Bridge.

- _____
- _____

What sport are you planning to play at MSJC? _____

STUDENT-ATHLETE SUPPORT PROGRAM SURVEY

Student Athlete Support Program Survey 21-22

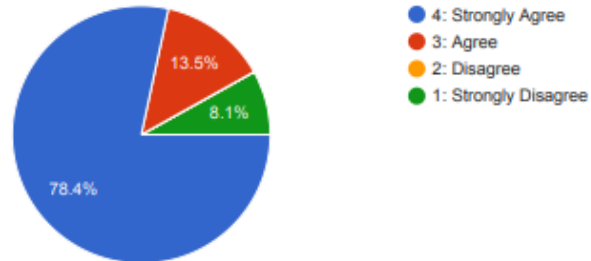
37 responses

[Publish analytics](#)

I meet with Academic Counselor to update my Educational Plan

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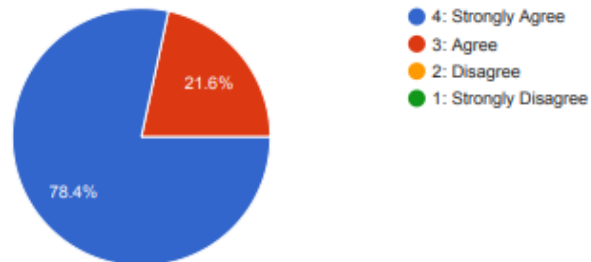
37 responses



I attend scheduled meetings with the coaching staff, professors, or academic support personnel (virtual study hall or tutoring sessions)

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37 responses



STUDENT-ATHLETE SUPPORT PROGRAM SURVEY

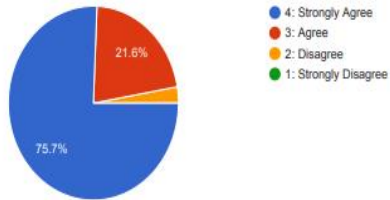
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Student Athlete Support Program Survey 21-22

I initiate communication with the Athletic Counselor or Student Athlete Scholars Program Coordinator when I have concerns or questions regarding progress toward my academic goals.

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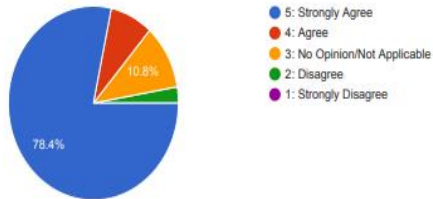
37 responses



The Student Athlete Support Program has enhanced my overall academic performance

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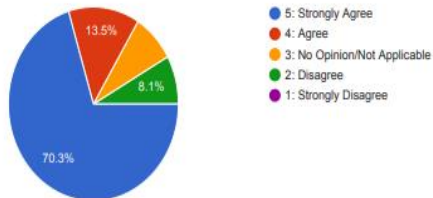
37 responses



Performing routine grade checks helped me stay focused and on-track in my classes. (Please select not applicable if you did not participate in grade checks through the Virtual Student Scholar Program.)

[Copy](#)

37 responses



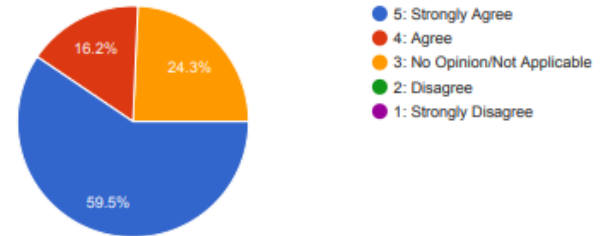
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Student Athlete Support Program Survey 21-22

The tutoring services offered through the Virtual Student Scholar Athlete Program met my needs. (Please select not applicable if you did not utilize tutoring services.)

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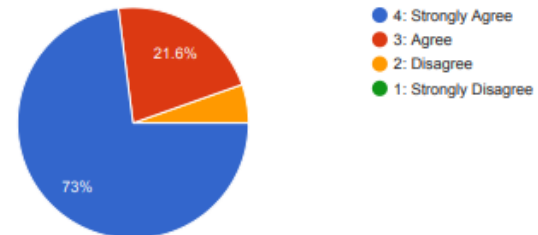
37 responses

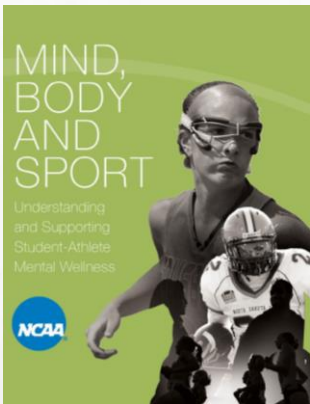


Would you like to see Virtual Study Hall continue for the 22-23 academic year?

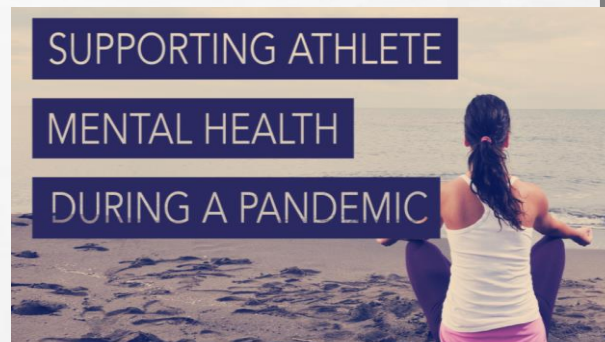
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37 responses





2021-2022 STUDENT-ATHLETE VIRTUAL MENTAL WELLNESS WORKSHOP SERIES DATA



FALL 2021 TOPICS

- **"HOW TO ESTABLISH AN ONLINE PRESENCE IN THE VIRTUAL CLASSROOM"**
 - 235 STUDENT (SEPT 2020)
 - FACILITATOR- RANDI JOHNSON
- **"BRANDING YOURSELF AS AN INTERCOLLEGIATE STUDENT-ATHLETE- THE IMPACTS OF SOCIAL MEDIA."**
 - 235 STUDENTS (OCT 2020)
 - FACILITATOR-DR. JENN BURLESON
- **"TEST ANXIETY, TIME MANAGEMENT AND STUDY SKILLS"**
 - 206 STUDENT (DEC 2020- BEFORE FINALS) FACILITATOR
 - FACILITATOR- TAYLOR BELL AND RANDI JOHNSON

SPRING 2022 TOPICS

- **#4 "MIND BODY SPORT- EATING DISORDERS- SIGNS AND SYMPTOMS AND HEALTHY EATING"**
 - 206 STUDENTS (MARCH 2021)
 - FACILITATOR- TAYLOR BELL AND RANDI JOHNSON
- **"MANAGING STRESS AND ANXIETY AS AN INTERCOLLEGIATE STUDENT-ATHLETE "**
 - 193 STUDENT (APRIL 2021)
 - FACILITATOR- DR. JENN BURLESON
- **"APPROACHING ATHLETIC RETIREMENT: SUPPORT FOR THE STUDENT ATHLETE AND PROMOTING POSITIVE TRANSITIONS"**
 - 193 STUDENT (MAY 2021)
 - FACILITATOR- DR. JENN BURLESON

2021-2022 TOTAL STUDENT-ATHLETES PARTICIPATED IN THE VIRTUAL MENTAL-WELLNESS WORKSHOPS- 1,268

STUDENT ATHLETE TRANSFER RATES VS. GENERAL STUDENT POPULATION

- **SUMMARY ON A 5 YEAR AVERAGE**
- **STUDENT-ATHLETES ARE 2.14 TIMES MORE LIKELY TO TRANSFER THAN NON-ATHLETE STUDENTS.**
 - **FROM 2011 – 2015, ON AVERAGE, STUDENT ATHLETE'S TRANSFER WITHIN 26.3 MONTHS WHILE ALL NON-ATHLETES HAVE TAKEN A FEW MONTHS LONGER: 30.6 MONTHS TO TRANSFER.**

Mt. San Jacinto College Athletics

Student Athlete Support Program Report Card

President's Message:



"I am very pleased and proud that the faculty, staff and the athletic department have teamed up to help support our student athletes even more with the ASSETS Report Card emphasizing the importance in academics. We consistently field teams that are highly competitive and successful on the fields and courts, and now with this component of the academic support program at MSJC we expect to be able to support our student athletes even better in their pursuit of their academic and career goals. Prospective and new student athletes to MSJC will have a dashboard or scoreboard, to gauge their progress and success as they move to their ultimate goal of a rewarding career or transfer to a four-year school for further pursuit of their bachelor's degree and beyond. Thank you for being part of the winning MSJC team now, and in the future!" **President Roger Schultz, PhD**



MSJC getting facility upgrades within the Athletic Department!

MSJC Student Athlete Transfer Colleges & Universities

- Ablene Christian University
- Adams State University
- Augustana University
- Bacone College
- Baker College
- Ball State University
- Bellevue College
- Bemidji State University
- Bethany College
- Biola University
- Blackburn College
- Cal Baptist University
- Cal Poly San Luis Obispo University
- California State Univ., Fullerton
- California State Univ., San Bernardino
- California State Univ., Dominguez Hills
- Chicago State University
- Dakota Wesleyan University
- Dixie State College of Utah
- Eastern Oregon University
- Florida A&M University
- Hofstra University
- Idaho State University
- Iona College
- Iowa State University
- Kansas State University
- La Sierra University
- Mayville State University
- Middle Tennessee State University
- Minot State University
- Mount Mercy College
- North Dakota State University
- Northern Arizona University
- Northwest Oklahoma University



Women's Sports

- Basketball
- Golf
- Soccer
- Softball
- Tennis
- Volleyball

Men's Sports

- Baseball
- Basketball
- Football
- Golf
- Tennis



31 athletic scholarships were earned in 2017 by MSJC student athletes totaling over \$460,000.

MSJC Student Athlete Transfer Colleges and Universities

- Ottawa College
- Panhandle State University
- Portland State University
- San Diego Christian College
- San Diego State University
- Texas Tech University
- Truman State University
- Tusculum University
- University of Texas, El Paso
- University of Alaska-Anchorage
- University of Arkansas-Little Rock
- University of Arkansas-Pine Bluff
- University of California-Berkeley
- University of California-Davis
- University of Cincinnati
- University of East Carolina
- University of Eastern Kentucky
- University of Hawaii
- University of Nevada, Las Vegas
- University of Redlands
- University of Louisiana-Lafayette
- University of Memphis
- University of Nebraska
- University of Nevada-Reno
- University of Redlands
- University of Southern Mississippi
- University of Southern Utah
- University of Tennessee
- University of Utah
- Upper Iowa University
- Utah State University
- Washington State University
- Weber State University
- Western Illinois University
- Western New Mexico University

Athletics Scholarships

- **OVER THE LAST 4 YEARS MSJC STUDENT ATHLETES HAVE BEEN AWARDED APPROXIMATELY 2.1 MILLION DOLLARS IN SCHOLARSHIP MONEY TO PURSUE A BACHELORS DEGREE AT A 4 YEAR COLLEGE AS AN INTERCOLLEGIATE STUDENT ATHLETE!**

Mt. San Jacinto College Athletics

Student Athlete Support Program Report Card

Scholars Program GPA Increase over 4 Years with 10+ Contacts Per Semester

ACADEMIC YEAR	AVERAGE GPA's
2013-2014	2.877 GPA
2014-2015	2.89 GPA
2015-2016	3.02 GPA
2016-2017	3.12 GPA

Dean of Athletics Message:

"The mission of the Mt. San Jacinto Student Athlete Support Staff is to provide supplemental academic support for all Mt. San Jacinto Student Athletes. The MSJC Student Athlete Support Staff understands that each Student Athlete has unique needs for academic support and works towards providing solutions that empower the Student-Athlete to take ownership of their learning. Through demonstrated techniques that include, but are not limited to: counseling, mentoring, tutoring and monitoring, our Student Athlete Support Staff is able to provide our Student-Athletes with a successful model for academic achievement." **Patrick Springer, Dean of Physical Education and Athletics**



MSJC Student Athlete Draft Picks

- Jamal Tinsley, Indiana Pacers
- Mike Anderson, Baltimore Ravens
- Alvin Walton, Washington Redskins
- John Eshleman, San Francisco Giants
- Drew Madrigal, San Diego Padres
- B.J. Salisbury, San Francisco Giants
- Dale DeSchepper, Kansas City Royals
- Herbert Hudson, Oakland Athletics
- Greg Joseph, Houston Astros
- Doug Brandt, LA Angels
- Dorian Dixon, San Francisco Giants
- Harold Williams, Seattle Mariners
- Art Hill, Texas Rangers
- Johnny Washington, Texas Rangers
- Brian Heaston, Seattle Mariners
- Donald Benson, Boston Red Sox
- Derek Wilson, Oakland Athletics
- Monte Macgillivray, Tampa Bay Rays
- Brian Jacobson, California Angels
- Roddy Friar, St. Louis Cardinals
- Patrick Williams, Colorado Rockies
- Kory Sager, Boston Red Sox
- Shane Butler, Chicago Cubs
- Darin Dondero, Kansas City Royals
- Matt Conley, Montreal Expos
- Darrell Goedhart, Philadelphia Phillies
- Victor Jones, Cleveland Indians
- David Fletcher, Toronto Blue Jays
- Gary Young, Montreal Expos
- Mike Bradish, Chicago White Sox
- Mike Newby, St. Louis Cardinals
- Ronnie Collins, Kansas City Royals

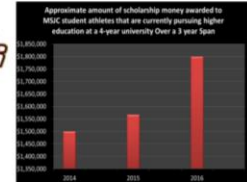
MSJC Student Athlete Support Staff

- John Colson, EdD- Vice President of Student Services
- Patrick Springer, MA- Dean of Physical Education and Athletics
- Jenn Burleson, EdD- Athletic Academic Counselor/Coordinator
- Darnell Bing, MA- Athletic Academic Counselor
- Chris Mozzo, BA- Sports Information Director
- Taylor Bell, BA- Student Athlete Scholars Program Coordinator

MSJC Counseling Center

Student Services and Counseling continues to collaborate with the Student Athlete Support Program at Mt. San Jacinto College. This proactive program assists student athletes with the transition to college life while promoting high standards for academic performance and timely progress toward graduation.

The program encourages and supports academic success with a variety of services and activities. Some of these include the Student Athlete Summer Bridge Program, a yearly Athletic Forum, a Student Athlete Scholars Program, Community Learning for Athletic Scholars Success (CLASS), guidance courses for student athletes, study hall, tutoring services, progress checks, and specialized athletic academic counseling. Athletic academic counselors assist athletes with goal setting, time management, career decision making, educational planning, and stress management. They also focus on personal and social responsibility, student/instructor relationships, and NCAA/NAIA transfer rules and requirements. The Student Athlete Support Program will continue to provide a framework that facilitates academic and athletic success.



Over a 5 year span, research indicates on average student-athletes are 2.14 times more likely to transfer than non-athletes.

MSJC STUDENT-ATHLETE GRADUATION CELEBRATION

- **58 student-athlete graduates in 2021-2022, record breaking numbers last year**
- **Approximately 100 students and families attended our celebration at Pechanga prior to the graduation ceremony**
- **We give our student-athletes a medal to wear at graduation around their neck**



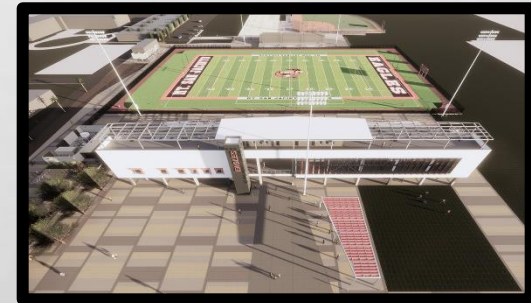
STUDENT ATHLETE SUPPORT PROGRAM CONTACT INFO

- **DR. JENN BURLESON** JBURLESON@MSJC.EDU (ATHLETICS)
- **DEBRA GLEASON** DGLEASON@MSJC.EDU (ATHLETICS AND VETERANS)
- **DARNELL BING** DBING@MSJC.EDU (UMOJA)
 - JENN'S NUMBER (951)-487-3253 (OFFICE LINE)
- **TAYLOR BELL- SCHOLAR PROGRAM COORDINATOR** TBELL@MSJC.EDU



(SCHEDULES APPOINTMENTS FOR ATHLETIC COUNSELORS)

- (951) 487-3596 (OFFICE LINE)
- MON-THURS 7:30-4:30PM (SJC 1452- LAB)
- FRIDAY 8-12PM
- **RANDI JOHNSON, SCHOLARS PROGRAM ASSISTANT-TUTORING** RJOHNSON@MSJC.EDU
 - MONDAY-THURSDAY 8AM-1PM (SJC 1452)



EDUCATION AND KNOWLEDGE IS FOREVER!!!

Appendix C

Estimated Probability of Competing in Athletics Beyond the High-School Interscholastic Level

Student-Athletes	Men's Basketball	Women's Basketball	Football	Baseball	Men's Ice Hockey	Men's Soccer
High-School Student-Athletes	549,500	456,900	983,600	455,300	29,900	321,400
High-School Senior Student-Athletes	157,000	130,500	281,000	130,100	8,500	91,800
NCAA Student-Athletes	15,700	14,400	56,500	25,700	3,700	18,200
NCAA Freshman Roster Positions	4,500	4,100	16,200	7,300	1,100	5,200
NCAA Senior Student-Athletes	3,500	3,200	12,600	5,700	800	4,100
NCAA Student-Athletes Drafted	44	32	250	600	33	76
Percent High School to NCAA	2.9	3.1	5.8	5.6	12.9	5.7
Percent NCAA to Professional	1.3	1.0	2.0	10.5	4.1	1.9
Percent High School to Professional	0.03	0.02	0.09	0.5	0.4	0.08

Note: These percentages are based on estimated data and should be considered approximations of the actual percentages.

