

### WEST LOS ANGELES COLLEGE ATHLETICS

# ATHLETIC COUNSELING PROGRAM

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FULL TIME ATHLETIC COUNSELOR
ASSISTANT MEN'S BASKETBALL COACH



# BEST PRACTICES BUY IN FROM COACHING STAFF



- At least twice per semester meet with Head Coach, Athletic Counselor, and Student-Athlete regarding eligibility, etc...
- Study Hall Requirement
- Progress Reports
- Gold Team/Grad Wall
- Build Rapport with Student-Athletes





#### **WLAC Men's Basketball Team GPA**



Fall 2018- first time in school history an Athl. Team earned a team GPA of @ least 3.0

Fall 209-100% African American Males

Fall 2021- highest team GPA in school history with 100% African American Males

Fall 2022- 19 student athletes on the roster

## HOW TO KEEP STUDENT ATHLETES MOTIVATED AFTER THE SEASON IS OVER?

- Athletic Counselor/Coaching Staff that stay on top of each Student Athlete
- Head Coach/Program that keeps their philosophy going even during off season
- Understanding that a subpar GPA will not help with recruiting



#### Athletic Department Fall 2022 Academic Performance

Team	Team GPA	UA	UC	GP	UW	Gold Team	CCR	Student-Athletes
Baseball	3.08	277.5	267.5	855	42	6	84%	32
M. Basketball	3.22	253	247	814	3	10	97%	19
W. Basketball	3.09	172	168	<b>532</b>	4	10	95%	12
M. X Country	2.91	102	94	297	11	3	83%	7
W. X Country	2.8	70	64	196	15	1	<b>75</b> %	6
Football	3.01	597	538	1796	136	20	85%	51
Soccer	2.73	182	144	497	54.5	5	60%	17
M. T&F	2.99	403	381	1205	49	14	84%	31
W. T&F	2.96	232	216	687	39	6	84%	19
Volleyball	2.79	178	157	497	15	5	81%	12
	2.958	2466.5	2277	7376	368.5	80	83%	206

UA - Units Attempted

UC - Units Completed

**GP** - Grade Points

W's - Withdrawls

TUA - Total Units Attempted

CCR - Course Completion Rate

GPA - Grade Point Average