

Athletic Counseling 101

CCCAA 25TH ANNUAL CONVENTION
____ TUESDAY, APRIL 5TH







DR. JENN BURLESON; MT. SAN JACINTO COLLEGE ALBERT LOAIZA; COLLEGE OF THE CANYONS

What is the 3C4A?

This is an organization established in the State of California whose purpose is to bring together individuals who provide academic counseling, advisement and assistance for student athletes at the community college level.

- ✓ We are an affiliate organization recognized by the California Community College Athletic Association (CCCAA)
- ✓ Work closely with the National Association of Academic and Student-Athlete Development Professionals (N4A) & the NCAA
- ✓ We strive to enhance the quality of education for the student athlete; provide information, new ideas, program development, a professional structure, a political voice and an extensive network system.

The Role of the Athletic Academic Counselor/Advisor

Core Counseling Faculty Functions Derived from Title V

- 1. <u>Academic counseling</u>, in which the student is assisted in assessing, planning, and implementing his or her immediate and long-range academic goals.
- **2.** <u>Career counseling</u>, in which the student is assisted in assessing his or her aptitudes, abilities, and interests, and advised concerning current and future employment trends.
- **3. Personal counseling,** in which the student is assisted with personal, family or other social concerns, when that assistance is related to the student's education.
- **4.** <u>Crisis intervention,</u> either directly or through cooperative arrangements with other resources on campus or in the community.

The Role of the Athletic Academic Counselor/Advisor Core Counseling Faculty Functions Derived from Title V

- 1. <u>Conducting outreach</u> to students and the community to encourage them to avail themselves of services, focused on maximizing all students' potential to benefit from the academic experience.
- 2. **Participating** in the college governance process and advocating to make the environment as beneficial to the intellectual, emotional, and physical development of students as possible.
- **3. Researching** and reviewing counseling programs and services with the goal of improving their effectiveness.
- **4. Training and professional development** for counseling staff, interns, and others in the college community.

The Role of the Athletic Academic Counselor/Advisor

How the core functions relate to an Athletic Academic Counselor

- ✓ Academic Counseling- mandatory educational planning for eligibility
- ✓ Career Counseling- Meeting requirements for transfer (40-60-80), any career counseling (GUID/ COUNS/ Personal Dev. Classes); planning for life "After College"
- ✓ Personal Counseling- NCAA/ NAIA issues and concerns, eligibility center
- ✓ Crisis intervention- Food Insecurity, Homelessness, Drugs/ Alcohol, 5150's, Mental Health; Emotional Intelligence
- ✓ Outreach- High School, keeping up with 2 & 4 year changes, recruitment days
- ✓ College Governance- Student Athlete Advisory Committees (ADVOCACY), Campus Wide Committees that can make changes for Student Services and/or Instruction
- ✓ Research- Any data collection district uses (Funding), connect with your "data" people
- √ Training and Professional Development- 3C4A/N4A/ NCAA Conferences, Athletic Counseling Interns

Eligibility



CCCAA Eligibility

First Time Participant

- ✓ Actively enrolled in 12 units during the term of competition
- ✓ <u>9 of 12 units</u> attempted must courses counting toward remediation, career technical education/certificate courses, AA/AS degree requirements, transfer/general education, and/or lower division theoretical major preparation courses as defined by the college catalog and/or articulation agreements
- ✓ Courses must be consistent with the athlete's educational plan
- ✓ If sport spans 2 semesters or quarters the athlete must be enrolled in 12 units the first and second
- Must be an amateur athlete

CCCAA Eligibility

First Time Participant cont.

- ✓ Short-term courses can be counted towards the 12 units as long as they start at the beginning of the term and *units are earned for that course*
- ✓ A Student Educational Plan (SEP) must be completed by the following dates:
 - ✓ October 15th for Fall sports
 - ✓ March 1st for Spring sports
- ✓ Eligibility checks will be done on a weekly basis by the college administrative representative

CCCAA Continuing Eligibility (2nd year)

In order to play a second season:

- ✓ A student-athlete must complete 24-semester units prior to the beginning of the semester/quarter of the second season of sport.
 - ✓ If using Summer/Winter units; must have final grade posted on transcript
- √ 18 of the 24 units must be considered units towards an educational goal.
- ✓ GPA between seasons must be at least a 2.0
- ✓ Pass Grades can count towards the 24
- √"D" grades/units can be counted towards the 24
- ✓ 6 Units had to be successfully completed their previous Full-Time Term***
 - ✓ Can use intersession to courses to make up deficiency

CCCAA Transfer Residency

If an athlete transfers to another <u>California Community College</u>, he/she will have to successfully complete 12 units in residence prior to beginning of the term they are competing in.

- ✓ A maximum of 8 units may be from courses completed during the summer or winter sessions immediately preceding the completion of transfer
- ✓ Units at second college cant be earned until the season has ended or term has ended
- ✓ Must also earn 24 units; 2.0 GPA
- ✓ If at least 2 seasons have passed the <u>residency rule</u> will be waived

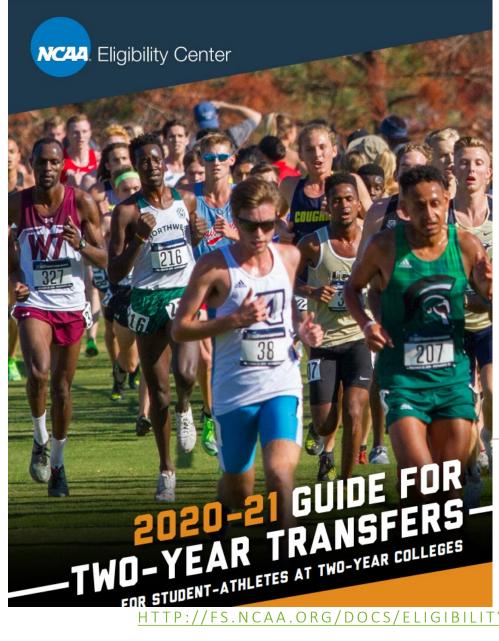
Transfer Residency (4yr/Out Of State)

- ✓ Student-Athletes that transfer from a 4-yr college/university or an out of state institution are not required to meet residency
- ✓ Still required to have 24 units with a 2.0 between seasons

Transfer Eligibility







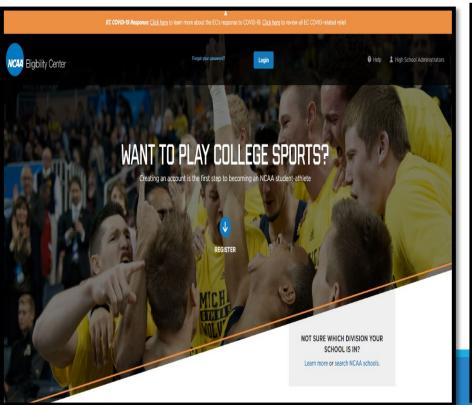
DOWNLOAD THIS!!!!!

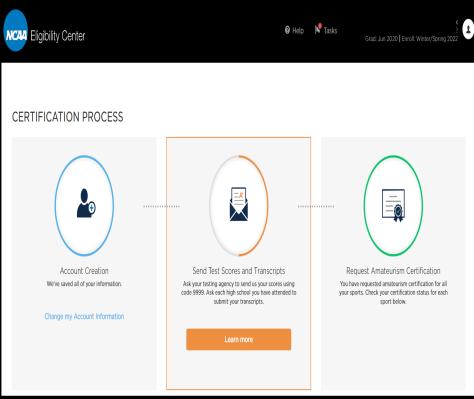
HTTP://FS.NCAA.ORG/DOCS/ELIGIBILITY_CENTER/TRANSFER/TWOYEARGUIDE.PDF

NCAA ELIGIBILITY Center



- ✓ Determine initial eligibility for athletic participation
- ✓ Students <u>considering</u> participation in college sports at D1/ D2 <u>must</u> register with eligibility center......Take SAT/ACT even if going to community college
- √<u>www.ncaa.org</u>www.eligibilitycenter.org / 877.262.1492

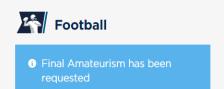




NCAA ELIGIBILITY Center

ELIGIBILITY STATUS

We will not begin your certification until it is requested by an NCAA school.



DIVISION I

Academic Status Decision not yet available Amateur Status Pending Review

DIVISION II

Academic Status Decision not yet available Amateur Status Pending Review

TASKLIST		
STATUS	DESCRIPTION	DATE ASSIGNED
0	Need official SAT/ACT scores	09/06/2021
~	Expected date of high school graduation required for amateurism certification	09/06/2021
~	Required information regarding initial eligibility, banned drugs and sports wagering	09/06/2021
~	International documents needed	09/06/2021
V	How to Contact the Eligibility Center Regarding Your Account	09/06/2021
~	Unofficial Documents - International	09/16/2021

NCAA ELIGIBILITY Center

Keep up with all the UPDATES:

http://fs.ncaa.org/Docs/eligibility_center/COVID19_Fall2022_Public.pdf

NCAA has Regs Sheets for D1 and D2



TEST SCORES

If a student-athlete plans to attend an NCAA Division I college or university they should GPA and SAT/ACT score they will need to meet Division I full qualifier standards. When registering for the SAT or ACT, students should use code 9999 to ensure their test scores are sent directly to their Fligibility Center account. More information regarding the impact of COVID-19 and test scores can be found at

An SAT combined score is calculated by adding critical reading and math subscores An ACT sum score is calculated by adding English, math, reading and science subscores. Students may take the SAT or ACT an unlimited number of times before they enroll full time in college. If a student takes either test more than once, the best subscores from each test are used for their academic

CORE-COURSE LIST

Student-athletes should check to see if their high school has a list of NCAAre courses. No core-course list means courses taken from that high school will not count toward NCAA eligibility.

ONLINE COURSES/ **NONTRADITIONAL**

Nontraditional courses are classes taught online or through distance learning, hybrid/ blended, independent study, individualized

These types of courses may be acceptable for use in the NCAA initial-eligibility certification process; however, it is important to make sure the nontraditional program has been approved and appears on the high school's list of

BE AHEAD OF THE GAME

If student-athletes want to get ahead of the game, they need to register with the NCAA lity Center during their freshman/9th year.

After college-bound student-athletes complete their sophomore, junior and senior years, it is important for them to ask their counselor at each high school or program they attended to upload their official transcript to their Eligibility Center account.

Want more information? Visit ncaa.org/playcollegesports.







3.225

3.200

2.825

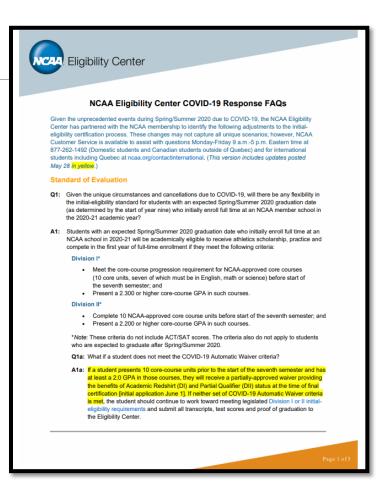


DIVISION I

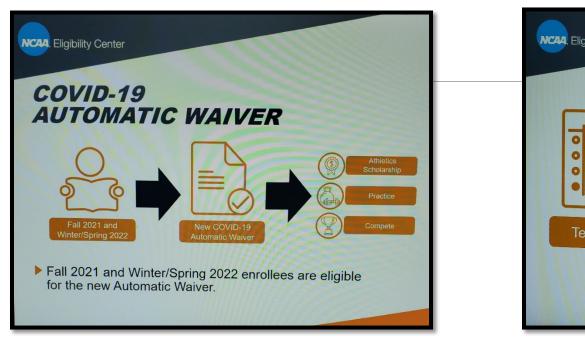
NCAA ELIGIBILITY Center: Covid Relief

- √This document came out May 2020.
- √ There will be an automatic waiver for SAT/ACT students initially enrolling Fall 2022, Winter/ Spring 2023.
- ✓ Ongoing discussions whether this will be extended an additional year for the 2023-2024 academic year.
- ✓ LINK to 2022 Proposal about dropping test scores: https://www.ncaa.org/news/2022/2/16/media-center-proposals-to-drop-test-scores-for-incoming-college-athletes-advance.aspx





NCAA Presentation; 3-30-2021





- ✓ Reasons to still take SAT/ ACT:
 - ✓ May be required for admission per institutional requirements
 - ✓ Academic Scholarships
 - ✓ Institutional placement/ placing out of certain courses

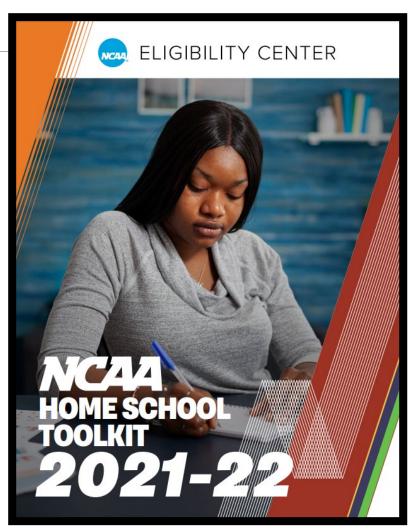
Eligibility Status

During your initial meeting with your student-athletes you should find out whether or not they are cleared through the NCAA Eligibility Center as a QUALIFIER

- ✓ Students should contact Eligibility Center & identify themselves as a 2-4 transfer
- ✓ Push Back?
- ✓ Persistence is KEY
- ✓ Customer Service-Initial Eligibility: 877-262-1492
- ✓ Public Legislative Support line-all NCAA rules: 317-917-6008; 9:00-5:00 EST M-F
- √ www.eligibilitycenter.org
 - ✓ Guide for the College Bound Student Athlete
 - √ Two-Year Transfer Guide
- ✓ Administrator assistance (college administrators only please)
- ✓ Email: ecinfo@ncaa.org

NCAA Eligibility Center Homeschool Toolkit

- The homeschool administrators do not traditionally register through the Eligibility Center like a traditional high school might under normal circumstances.
- Certifications for home schooled students are done in accordance with the submission and review of what EC calls "core course worksheets."
- These worksheets are forms the EC provides to home school administrators and the home school administrator provides detailed course information about each course the student is completed.
- NCAA EC review the information and determine if the course meets core course legislation and if it does, and the course appears on the home school transcript for grade and credit, usually it's going to be entered in.



Eligibility Clock (D1)

NCAA Division I

- ✓ Students have 5 years to play 4 seasons
- ✓ Clock starts as soon as your student is registered for a full time load (12 units) and attends their first course at any school whether or not you played a sport
- ✓ Division-I clock is continuous.....

Exceptions: military service, religious mission, 1-time pregnancy, medical redshirt, Olympic redshirt

Waiver petitions by 4 year college upon transfer

Eligibility Clock (D2/D3/NAIA)

- √ 10 semesters/15 quarters of full-time enrollment to participate complete their sport
- ✓ Any time a student enrolls in a term full-time (12 semester units/ 15 quarter units) they burn one semester/quarter
- ✓ Eligibility clock for D-II, III or NAIA will stop if they enroll in a semester/quarter part-time (11.5 units or less)

NCAA DI 2-4 Transfer (QUALIFIER)

- ✓ Eligible to transfer after 1 full-time term (sem. or quarter)
- ✓ Complete 12 transferable units or avg. 12 transferable units per full time term (summer school does not count)
- **√** 2.5 GPA
- √ 2 units of PE courses will be used towards the 12 total or average of 12
 - ✓ Unless needed for your major

NCAA DI 2-4 Transfer (NON-QUALIFIER)

- ✓ Complete at least 3 terms (sem. or quarter) as a full-time student;
- √ Graduate from a 2-year school
- √ 48 transferable units to 4-year college (4-yr decides these units)
- √ 6 units of English
- √ 3 units of College Level Math
- √ 3 units of a Science
- ✓ Still need the 2.5 GPA with the PE limitation

Transferring school decides "what" transfers

PROGRESS TOWARD DEGREE RULE- NCAA DI ONLY

The 40-60-80% Rule for degree progress at an NCAA Division I school means that you need to be making progress towards your bachelor's degree even if you are attending a two-year college.

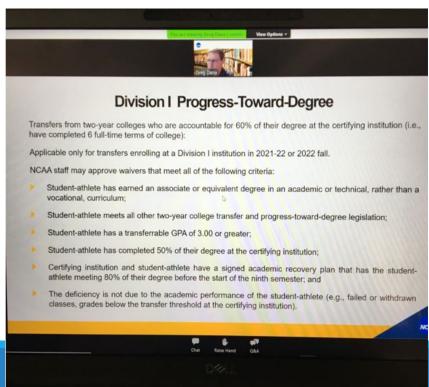
You need to meet the following percentage of degree requirements before you will become eligible.

- √4/5 full-time semester 40% of units toward degree
- **√**6/7 full-time semester 60% of units toward degree
- **√**8/9 full-time semester 80% of 103 units toward degree

Its important that your transferring student has their transcripts evaluated ASAP

PTD Covid-19 Exception D-1 Transfer 21/22 or FA 22

- ✓ If an athlete is hitting their 6th FT Term/60% then the D-1 could petition for a 50% PTD pace:
- ✓ Earned an AA/AS with a 3.0 GPA
- ✓ Meets all additional Academic Requirements
- ✓ Recovery plan accepted at D-1 for 80%
- ✓ Deficiency is not due to academic performance
- ✓ Case by case review



NCAA DII 2-4 Transfer (QUALIFIER)

✓ Complete at least 1 term (sem. or quarter) as a full-time student at the 2-year school

✓ Earn an average of 12-semester/quarter units of transferable-degree credit for each term started full-time at the 2-year school (4-year school determines what units transfers)

✓ with a 2.2 GPA; 2 unit PE limit (up to institution)

✓ Earn 9 transferable units in last full time term

An SA will loose QUALIFIER school more than 1 FT

NCAA DII 2-4 Transfer (NON-QUALIFIER)...2 options

- ✓ Average 12 transferable units per full-time term & have attended 2 full-time semesters or 3 quarters
- ✓ Earn 9 transferable units last FT Term
- ✓ Obtain an AA/AS Degree

<u>OR</u>

- ✓ Complete an average of 12 transferable units each full-time and earn a 2.2 GPA of those transferable units
- √ Transferable units must include 6 semesters of English, 3 units of College Level Math, 3 units of transferable science
- ✓ Earn 9 transferable units last FT Term

2 Units of PE limitation for both

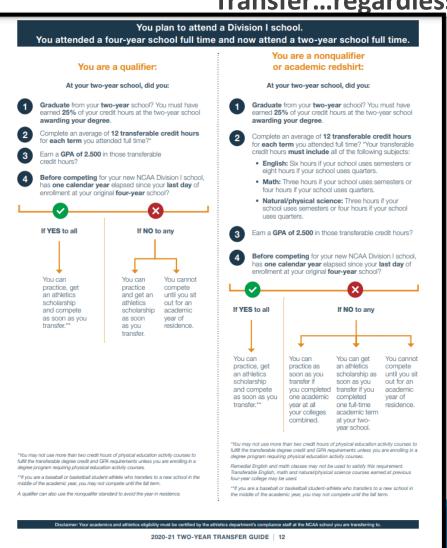
NCAA DIII 2-4 Transfer

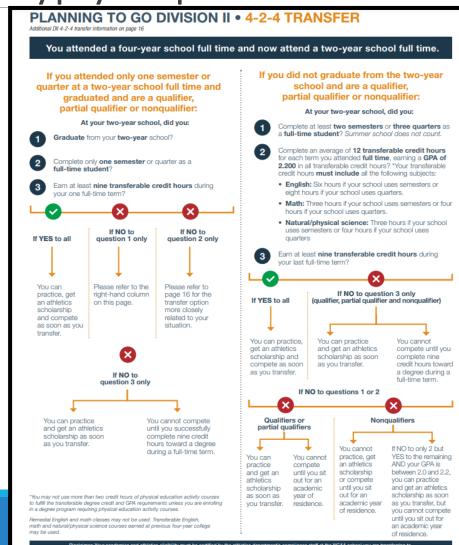
- ✓ Immediately eligible if never competed
- ✓ If student competed elsewhere, must meet academic and athletic eligibility requirements had they remained at the 2 year College

NCAA 4-2-4 Transfer Rules

If your athlete started at a 4-year school, then transferred to a 2-year school and now wants to transfer to a 4-year school he/she are referred to as a 4-2-4

Transfer...regardless if they played a sport







NCAA Transferable GPA Calculation

When is a GPA for transferable credit calculated?

Anytime a SA is transferring from a two year college (2-4, 4-2-4)

Will a SA's GPA for transferable degree credit be the same at every 4-year institution?

No. The transferable GPA uses only transferable degree credits accepted at each individual institution.

How are transferable degree credits earned at multiple two-year colleges used in GPA for transferable-degree credit calculations?

For 2-4 transfers, an institution must consider a student-athlete's complete two-year college record prior to transfer to the four-year institution when calculating the GPA for transferable degree credit. For 4-2-4 transfers, an institution must consider a student-athlete's complete two-year record following transfer from the four-year institution most recently attended.

Initial-Eligibility Overview: Amateurism

- ✓ Update athletics participation information often, especially if participating in events outside of the normal high school season (i.e. Club sports)
 Stay college eligible – **Always Ask**

ALWAYS ASK BEFORE YOU ACT! Amateurism Red Flags

Ask questions before:

- Name of the Signing a contract with a professional team.
- Receiving money for participating in athletics.
- Receiving prize money above actual and necessary expenses.
- Playing with professional athletes.
- Trying out, practicing or competing with a professional team.
- Receiving benefits from an agent or prospective agent.
- Agreeing to be represented by an agent.
- Participating in organized competition after your first opportunity to enroll in college.

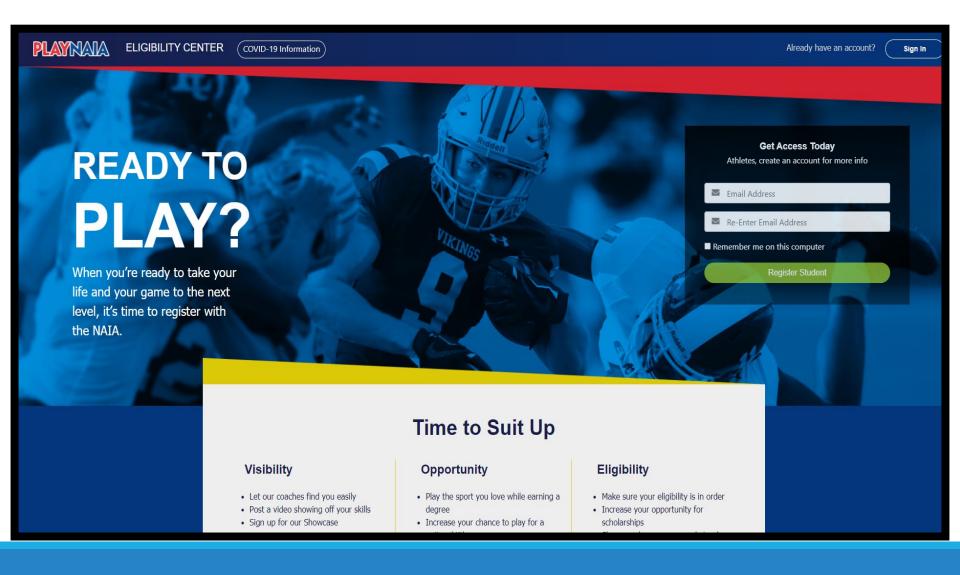


NAIA Transfer Rules



- ✓ 24 institutional units in the last 2 full-time terms with a 2.0 GPA
- ✓ Summer can be used except for SU/term before first full-time enrollment
 - ✓ example: attended FA/21 SP/22, can not count SU/21
- ✓ Repeat "D" grades cannot be counted towards the 24
- ✓ Have created an Eligibility Center Account
- ✓ PlayNAIA
- √ http://www.playnaia.org

Playing NAIA?





How Do Athletics Scholarships Work?

- ✓ Does the NCAA award athletics scholarships?
- ✓ Is an athletics scholarship guaranteed for four years?
- ✓ What do athletics scholarships cover?
- ✓ What is a full athletics scholarship worth these days?
- ✓ Can student-athletes receive other non-athletics financial aid?
- ✓ Is an athletics scholarship the same thing as a National Letter of Intent (NLI)?
- ✓ Do many high school athletes earn athletics scholarships?
- ✓ Do many NCAA student-athletes go on to play professionally?
- ✓ What percentage of NCAA student-athletes go pro?

Important Terms

- ✓ <u>Participation</u>: when a student-athlete sets foot on the playing surface, score is being kept officially, there are officials/refs during competition, and game counts toward the official record/post season play. This burns 1 season of eligibility, even if it was for a matter of 1 play or a few seconds. Scrimmages do not count
- ✓ <u>Redshirt:</u> a student who is enrolling full-time at a school but does not play a whole academic year for the purpose of saving a season. A redshirt does not play in any college game or in any given sport for an entire academic year, even though he/she is eligible

Important Terms

- ✓ <u>Greyshirt:</u> someone who enrolls "part-time" at a school and does not play the first semester for the purpose of saving a season and doesn't trigger the Division eligibility clock
- ✓ <u>Medical Redshirt:</u> refers to a student who sustained an injury during competition before a specific time period during the season and is out for the rest of the season. The trainer and doctor must fill out the appropriate paperwork.

NCAA- Division I "Helpful Hints"

- ✓ Math/English Courses
- ✓ 4-year colleges that accept ARC <u>100-level</u> courses
 - UNLV
 - Eastern Michigan (Does not accept D's toward units, but will still affect GPA)
 - University of Washington
- ✓ University of Colorado
 - Does not accept HCD, CRJ/ADMJ (unless they can petition that it comes from a sociological perspective), Child Development, Kinesiology, Physical Education (PE/SPORT)
- ✓ **IGETC** (partial or full) is desired for UC transfer SA's
- ✓ UC's accept <u>D's</u> for NCAA initial eligibility, but <u>NOT</u> for course credit
- ✓ IGETC can use score of 3+ for certification, but some UC's may only allow a score of 4 or 5 toward course credit.
- ✓ Some conferences, such as the Southeastern (SEC), require that the **English**, **Math and Science** are completed at the institution awarding the AA/AS degree....SEC also requires 3 FT at graduating institution

